

Tips for being Grubmaster

A scout will be the Grubmaster (the one buying food) every once in a while. This is learning experience. The scout should participate in order to learn how to shop on a budget and be sure to get all of the food that is needed.

General Guidelines

- The current budget is \$15 per person for a weekend camp out. That should be enough to buy food for most campouts. Afterwards, all camp out participants are billed \$15 from their scout account (plus their portion of other camping fees) to pay for the food.
- Save your receipt so you can be reimbursed by the troop for the groceries.
- Meals will be:
 - Friday: Snack (called Cracker Barrel) – this is optional
 - Saturday: Breakfast, Lunch, and Dinner
 - Sunday: Breakfast that does not involve cooking – generally packaged food and fruit
- Troop coolers can be taken home if desired, so that the food does not need to be transferred while the trailer is being packed.
- It works best if you can shop Wednesday or Thursday the week of the camp out because there are often changes in attendance list earlier in the week.
- If you have questions, ask.

Before shopping

- Review the menu to check if all of the ingredients necessary are listed (parental help required). The patrols will have planned the meals, but they may not have thought through everything they need.

While shopping

- Keep the weather in mind. On colder campouts, campers burn extra calories and need good size portions.
- Keep the age of scouts in mind. High schoolers will generally eat a lot of food, so serving sizes on packages are not a good representation of how much food to get.
- It is possible to cook great meals while camping, but some things are difficult. For example, ground turkey for a healthier hamburger complicates cooking because it requires cooking completely through. However, if foil dinners are being made, chicken will cook just fine.
- If you go over budget a little, that is OK. You will still be reimbursed

After shopping

- Bring some ice for the cooler so that the troop does not need to stop and get some.
- Give your receipt, or send a scan of it, to the organizer of the camp out.